

Professional Growth Planner (60-Day)

This planner is designed for English language teachers who want to move from 'knowing' to 'mastering' their professional journey. It follows the cycle Learn → Apply → Reflect → Share.

How to Use This Planner

Each week, choose one focus area (e.g., closure, support, coherence). Use the cycle to guide your growth:

1. Learn — Define your focus and write a clear thesis for the week.
2. Apply — Try a micro-experiment in class (8–10 minutes).
3. Reflect — Collect evidence and decide on one adjustment for next time.
4. Share — Summarize your experience with colleagues.

Week 1

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____

Week 2

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____

Week 3

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____

Week 4

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____

Week 5

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____

Week 6

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____

Week 7

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____

Week 8

Focus: _____
Thesis for the week: _____
Apply (experiment in class): _____
Reflect (evidence collected): _____
Share (where/how shared): _____
Next step decision: _____